

October 2023

Pullman

October 3:

Cube Steak w/ Brown Gravy
Sautéed Mushrooms
Rice Pilaf
Cooked Carrots
Birthday Dessert

October 6:

Spaghetti W/ Meat Sauce
Caesar Salad
Roasted Carrots
Fruit
Brownies

October 10:

Fish Fillet Sandwich
Coleslaw
Fresh Fruit
Swedish Apple Pie

October 13: *BRING A FRIEND DAY*

Homemade Pizza
Cabbage Patch Salad
Sliced Peaches
Ice Cream Sundae

October 17:

Club Sandwich
Tomato & Cucumber Salad
Pears
Zucchini Bread w/ Cream Cheese Frosting

October 20:

Tortellini Soup
Grilled Ham and Cheese Sandwich
Vegetable Platter
Mixed Fruit
Vanilla Cream Puff

October 24:

Shepherd's Pie
Broccoli & Grape Salad
Fruit
Scotcheroos

October 27:

Chicken Enchiladas
Spanish Rice
Refried Beans
Lettuce and Diced Tomatoes
Cream Cheese Cups

October 31:

Spooky Surprise
Mac n' Cheese w/ Ham
Broccoli
Halloween Fruit Salad
Pumpkin bars

Colfax

October 2:

Fish Fillet Sandwich
Coleslaw
Fresh Fruit
Chocolate Cream Cheese Cups

October 5:

Cube Steak w/ Brown Gravy
Sautéed Mushrooms
Rice Pilaf
Cooked Carrots
Birthday Dessert

October 9:

Club Sandwich
Broccoli Grape Salad
Fruit
Swedish Apple Pie

October 12:

Chili Dogs - Chili, Cheese & Onions
Coleslaw
Veggies
Fruit Parfait

October 16:

Chicken Enchiladas
W/ Lettuce and Diced Tomatoes
Spanish Rice
Refried Beans
Chocolate Chip Cookie

October 19:

Tortellini Soup
Grilled Ham and Cheese Sandwich
Vegetable Platter
Fruit
Zucchini Bread w/ Cream Cheese Frosting

October 23:

Chuck Roast
Red Roasted Potatoes
3 Bean Salad
Pears
Cranberry Muffins

October 26:

Homemade Pizza
Green Salad
Sliced Peaches
Ice Cream Sundae

October 30:

Spooky Surprise
Mac n' Cheese w/ Ham
Broccoli
Halloween Fruit Salad
Pumpkin Cupcakes

Palouse

October 4:

Cube Steak w/ Brown Gravy
Sautéed Mushrooms
Rice Pilaf
Cooked Carrots
Birthday Dessert

October 11:

Homemade Pizza
Green Salad
Sliced Peaches
Ice Cream Sundae

October 18:

Salad Bar
Roll
Fresh Fruit
Dessert

October 25:

Spooky Surprise

Colton

October 4:

Cube Steak w/ Brown Gravy
Sautéed Mushrooms
Rice Pilaf
Cooked Carrots
Birthday Dessert

October 11:

Baked Potato Bar
W/ Chili, Cheese, Onions, Sour Cream
Broccoli
Fruit
Fudge Pops

October 25:

Spooky Surprise
Mac n' Cheese w/ Ham
Mixed Veggies
Halloween Fruit Salad
Swedish Apple Pie

Uniontown

October 18:

Homemade Pizza

Green Salad

Sliced Peaches

Hermit Cookie Bars

LaCrosse

October 3:

Cube Steak w/ Brown Gravy
Sautéed Mushrooms
Rice Pilaf
Cooked Carrots
Birthday Dessert

October 17:

Homemade Pizza
Green Salad
Sliced Peaches
Ice Cream Sundae

Endicott

October 10:

Spaghetti w/vegetables and meat

Salad Bar

Garlic Bread

Dessert

October 24:

Baked Potato Bar

w/ Chili, Cheese, Sour Cream, Bacon Bits

Broccoli

Salad Bar

Dessert

Approved on 10/18/22 by Karen Dorsing, RD, CD