

October 2024 **Pullman**

October 1:

Braised Short Ribs w/ Demi Glaze
Mashed Potatoes
Cooked Carrots
Birthday Dessert - German Chocolate Cake

October 4:

Spaghetti w/ Meat Sauce
Caesar Salad
Roasted Carrots
Fruit
Brownies

October 8:

Chicken Caesar Salad
Roll
Fresh Fruit
Chocolate Cream Puff

October 11:

Homemade Pizza
Cabbage Patch Salad
Sliced Peaches
Ice Cream Cups

October 15:

Meatloaf
Roasted Red Potatoes
Tomato & Cucumber Salad
Pears
Chocolate Chip Cookie Bar

October 18:

Tortellini Soup
Grilled Ham and Cheese Sandwich
Vegetable Platter
Mixed Fruit
No Bake Cookie

October 22:

Shepherd's Pie
Broccoli & Grape Salad
Fruit
Scotcheroos

October 25:

Chicken Enchiladas
Spanish Rice
Refried Beans
Lettuce and Diced Tomatoes
Cream Cheese Cups

October 29:

Spooky Surprise

Mac n' Cheese w/ Ham

Broccoli

Halloween Fruit Salad

Pumpkin bars

Colfax

October 3:

Chicken Caesar Salad
Roll
Fresh Fruit
Chocolate Cream Cheese Cups

October 7:

Braised Short Ribs w/ Demi Glaze
Mashed Potatoes
Cooked Carrots
Birthday Dessert - German Chocolate Cake

October 10:

Meatloaf
Roasted Red Potatoes
Broccoli Grape Salad
Fruit
Vanilla Cream Puff

October 14:

Baked Potato Bar
W/ Chili, Cheese, Onions, Sour Cream, Bacon
Broccoli
Veggies
Fruit Parfait

October 17:

Chicken Enchiladas
W/ Lettuce and Diced Tomatoes
Spanish Rice
Refried Beans
Chocolate Chip Cookie

October 21:

Tortellini Soup
Grilled Ham and Cheese Sandwich
Vegetable Platter
Fruit
No Bake Cookie

October 24:

Chuck Roast
Red Roasted Potatoes
3 Bean Salad
Pears
Cranberry Muffins

October 28:

Homemade Pizza
Green Salad
Sliced Peaches
Ice Cream Sundae Bar w/ Toppings

October 31:

Spooky Surprise

Mac n' Cheese w/ Ham

Broccoli

Halloween Fruit Salad

Pumpkin Cupcakes w/ Cream Cheese Frosting

Palouse

October 2:

Cube Steak w/ Brown Gravy
Sautéed Mushrooms
Rice Pilaf
Cooked Carrots
Birthday Dessert

October 9:

Homemade Pizza
Green Salad
Sliced Peaches
Ice Cream Sundae

October 16:

Salad Bar
Roll
Fresh Fruit
Dessert

October 23:

Tortellini Soup
Grilled Ham and Cheese Sandwich
Vegetable Platter
Fruit
No Bake Cookie

October 31:

Spooky Surprise
Mac n' Cheese w/ Ham
Broccoli
Fruit Salad
Pumpkin Dessert

Colton

October 2:

Braised Short Ribs w/ Demi Glaze
Mashed Potatoes
Rice Pilaf
Cooked Carrots
Birthday Dessert

October 9:

Baked Potato Bar
W/ Chili, Cheese, Onions, Sour Cream
Broccoli
Fruit
Fudge Pops

October 16:

Chili Dogs - Chili, Cheese & Onions
Coleslaw
Veggies
Fruit Parfait

October 30: *Spooky Surprise*

Mac n' Cheese w/ Ham
Mixed Veggies
Halloween Fruit Salad
Swedish Apple Pie

Uniontown

October 23: *BRING A FRIEND DAY*

Homemade Pizza

Green Salad

Sliced Peaches

Ice Cream Bars

LaCrosse

October 1:
NO MEAL

October 15:
NO MEAL

Endicott

October 8:

Beef Stew
Salad Bar
Fruit
Cornbread
Dessert

October 22:

Soup Bar -
Chicken Noodle Soup
Beef w/ Barley Soup
Tomato Basil Soup
Rolls
Salad Bar
Fruit
Dessert

Approved by: Elle Moore, RDN, CD on November 6th, 2023